

**AN ANALYSIS OF CULTURE SHOCK EXPERIENCED BY
ELIZABETH GILBERT IN *EAT PRAY LOVE* MOVIE**

**UNDERGRADUATE
THESIS**



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DEPARTMENT OF ENGLISH LITERATURE

FACULTY OF BUSSINESS AND LANGUAGES

UNIVERSITY OF PESANTREN TINGGI DARUL ULUM JOMBANG

2022





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By:

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2022



APPROVAL SHEET

This is to certify that the thesis of Iga Novita Bestary entitled *An Analysis of Culture Shock Experienced by Elizabeth Gilbert in Eat Pray Love Movie* has been approved by the thesis proposal supervisors for further approval by the board of examiner.

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DECLARATION PAGE

In The Name of Allah, The Most Gracious and The Most Merciful

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Stated whole heartedly that my thesis entitled "*An Analysis of Culture Shock Experienced by Elizabeth Gilbert in Eat Pray Love Movie*" is originally written by me as the researcher. It is neither plagiarism, not need by the others. The things related to other people's work are written in quotation and included within references.

If this researcher is rather proven false, the researcher willingly takes any responsibility for English Department, Faculty of Business and Languages, University of Pesantren Tinggi Darul 'Ulum Jombang.

Jombang, August 27th 2022

The Researcher,



Iga Novita Bestary



MOTTO

“If you cannot do a great thing, do a small thing in a great way”

Napoleon Hill



DEDICATION PAGE

I dedicate this work to:

1. Allah SWT
2. Rasulullah SWT
3. My beloved parents who give me advice and support on every situation.
4. My beloved brother and sister who always give me laughter and love every day.
5. All of the lecturers of FBB Unipdu. Thank you very much for your guidance and advice, especially Mrs. Dr. Nuning Yudhi Prasetyani, S.S.,M.Hum , and Mrs. Endang Suciati, SS. M. A as my advisors.
6. My college friends especially my classmates who always bring positive energy in my difficult time.



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In completing this study entitled *An Analysis of Culture Shock Experienced by Elizabeth Gilbert in Eat Pray Love Movie*, I'd like to convey my gratitude and thanks to everyone who has supported me to finish this study. They are:

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In the end, I realize that this research is not perfect but I hope this study will be useful for everyone who needs this study. For the readers, I look forward to your critics and suggestions so this study can be better in the future.

Jombang, August 27th 2022

Iga Novita Bestary



ABSTRACT

Bestary, Iga Novita. 2022. *An Analysis of Culture Shock Experienced by Elizabeth Gilbert in Eat Pray Love Movie*. Undergraduate Thesis. English Literature Department. Faculty of Business and Languages. University of Pesantren Tinggi Darul 'Ulum Jombang. Supervisor I: Dr. Nuning Yudhi P, M. Hum. Supervisor II: Endang Suciati, SS. M. A.

This study focused to analyze the stages of culture shock and the impacts of culture shock experienced by Elizabeth Gilbert in *Eat Pray Love* movie. The aims of this study were: (1) To identify the stages of culture shock through verbal and non-verbal expression experienced by *Elizabeth Gilbert* in *Eat Pray Love* movie, (2) To explain the impacts of culture shock through verbal and non-verbal expression experienced by *Elizabeth Gilbert* in *Eat Pray Love* movie. The method applied in this analysis was descriptive qualitative method. It applied to identify and explain the realist reasons of understanding the data. The data were in the form of conversation as verbal expression and movie scene as non-verbal expression that contained the stages and the impacts of culture shock experienced by Elizabeth Gilbert in *Eat Pray Love* movie. This study applied the theory of culture shock proposed by Ward (2001) and supported with the theory of non-verbal expression proposed by Charles Sanders Pierce (2003). The results of this study showed that from 38 data, Italy is one of the countries where Elizabeth Gilbert experienced the most culture shock with the total data of 16 data. 14 data of culture shock in Indonesia and 8 data of culture shock in India. In Italy and Indonesia, she dealt with all the stages of culture shock namely Honeymoon, Crisis, Recovery and Adjustment Stages. While in India, she only dealt with three stages from four stages of culture shock, namely Crisis, Recovery and Adjustment Stages. She didn't deal with the Honeymoon stage when she was in India, because her arrival in India was greeted by bad environmental condition so that she didn't feel the charm of India. This analysis also found out that there were two impacts of culture shock namely positive impacts and negative impacts. She gets the positive impacts when she dealt with Honeymoon Stage, Recovery Stage and also Adjustment Stage. Some of the positive impacts showed by Elizabeth Gilbert such as excitement, amazement, good social interaction and life changes. On the other hand, she also got the negative impacts when she dealt with Crisis Stage such as inconveniences, inadequacy, frustration, confusion and incompatibility.

Keywords: *Eat Pray Love* movie, Culture Shock, Honeymoon Stage, Crisis Stage, Recovery Stage and Adjustment Stage.



TABLE OF CONTENT

COVER.....	i
APPROVAL SHEET.....	Error! Bookmark not defined.
THE LEGITIMATION OF THE BOARD OF EXAMINERS	ii
DECLARATION PAGE	Error! Bookmark not defined.
MOTTO	v
DEDICATION PAGE	vi
ACKNOWLEDGMENTS	vii
ABSTRACT.....	viii
TABLE OF CONTENT	ix
LIST OF TABLES.....	xi
LIST OF FIGURES.....	xii
LIST OF APPENDICES	xiii
LIST OF ABBREVIATIONS	xiv
CHAPTER I INTRODUCTION	1
1.1 Background of Study.....	1
1.2 Statements of the Problem.....	7
1.3 Objectives of the Study	7
1.4 Scope and Limitation.....	7
1.5 Significance of the Study	7
1.6 Definition of the Key Terms	8
1.7 Thesis Organization.....	9
CHAPTER II REVIEW OF RELATED LITERATURE.....	10
2.1 Cross-Cultural Understanding.....	10
2.2 Culture.....	11



2.3 Culture Shock	12
2.4 The Stages of Culture Shock	13
a) Honeymoon Stage	13
b) Crisis Stage.....	14
c) Recovery Stage.....	15
d) Adjustment Stage	16
2.5 Culture in Three Countries Depicted in <i>Eat Pray Love</i> Movie.....	17
2.6 Verbal and Non-Verbal Communication	19
2.7 <i>Eat Pray Love</i> Movie	20
2.8 Previous Studies	22
CHAPTER III REASERCH METHOD.....	25
3.1 Research Design	25
3.2 Data and Source of The Data	26
3.2.1. Data.....	26
3.2.2. Source of The Data	28
3.3 Steps of Collecting Data.....	28
3.4 Steps of Analyzing Data.....	30
CHAPTER IV	32
REFERENCES	74



LIST OF TABLES

Table 1 Data Classification	29
Table 2 The Stage of Culture Shock in Eat Pray Love Movie	32
Table 3 Verbal and Non Verbal Expression Experience by Elizabeth Gilbert	32
Table 4 The Positive Impact of Culture Shock Experienced by Elizabeth Gilbert	52
Table 5 The Negative Impact of Culture Shock Experienced by Elizabeth Gilbert	57



LIST OF FIGURES

Figure 1 Example 1	4
Figure 2 Example 2	4
Figure 3 Culture Shock	13
Figure 4 Crisis Stage	26
Figure 5 Honeymoon Stage.....	26
Figure 6 Place.....	34
Figure 7 Food	34
Figure 8 Perspective.....	36
Figure 9 Place.....	37
Figure 10 Language.....	39
Figure 11 Place.....	43
Figure 12 Culture	43
Figure 13 Recovery Stage	45
Figure 14 Crisis Stage	47
Figure 15 Tradition	50
Figure 16 Feeling	50
Figure 17 Perspective.....	53
Figure 18 Feeling	54
Figure 19 Amazement	55
Figure 20 Place.....	56
Figure 21 Excitement	57
Figure 22 Incompatibility.....	58
Figure 23 Frustration.....	60
Figure 24 Inconvenience	62



LIST OF APPENDICES

- Appendix I : The Stages of Culture Shock Experienced by Elizabeth Gilbert in
Eat Pray Love movie.
- Appendix II : The Impacts of Culture Shock Experienced by Elizabeth Gilbert
in *Eat Pray Love* movie.



LIST OF ABBREVIATIONS

01	: Number of Data
EPL	: Eat Pray Love
IT	: Italy
INA	: India
IND	: Indonesia
HS	: Honeymoon Stage
CS	: Crisis Stage
RS	: Recovery Stage
AS	: Adjustment Stage
VE	: Verbal Expression
NVE	: Non-Verbal Expression